



modern day hero



three

HERO OF THE DAY

HOMETOWN
in this town that i once lived
you could do whatever you wanted
i'm sure a lot of people can relate
get out of town before it's to late

in this town that i once lived
you could do whatever you wanted
start a couch on fire oh yeah
underaged driving didn't matter
low income living was where its at
urinate where ever you wanted
you name everyone in your town
every kid in this town is a criminal

no names for our streets
tipping pop machines
can't find anything to do
no good lookin' chicks
strip joint makes me sick
we moved out of this town oh yeah

we had one place that we ate
grease burger costed more everyday
people that liked to sit around naked
in front of their picture window
there was a trailer house library
it never seemed to be opened
i'm sure a lot of people can relate
get out of town before its to late

CLOSE TO YOU
you're the only one that keeps
this body going any more
you're my sort of motivation
the key to a locked up door
nothing else can be certain
broken down for not so long
for no hand is like this one
nothing could ever seem so wrong

found out what i'm looking for
you're my superstar that's on tv
more real life than what we see
wouldn't trade this for the world
don't wanna live for it
just eating spaghetti O's
let's go lookin' for some more
wish that i could be closer

i wish that i could be close to you
close to you
i wish that i could be close to you
close to you

you're the only one that keeps
this body going any more
you're my sort of motivation
the key to a locked door
don't wanna live for it
just eating spaghetti O's
let's go lookin' for some more
wish that i could be closer



STUCK OUT HERE
stuck in the middle of nowhere
wondering how to get out
thinking things are not fair
then all of my thoughts turn to doubt
another breath worth taking
doing the best i can
craving a life not living
here alone i stand

i'm all alone
i'm all alone

here i am
so why can't you remember me
not again
its not what i want to be

bring me far away
pull me away from here
i'm sure that i will stay
the chance is almost here

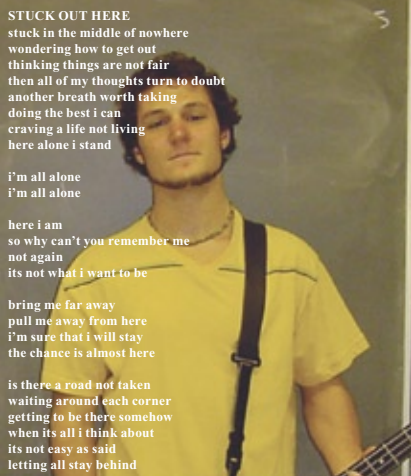
is there a road not taken
waiting around each corner
getting to be there somehow
when its all i think about
its not easy as said
letting all stay behind
staying here till i'm dead
never can i find

i'm trying to leave
going somewhere
somewhere else
moving on

IN A MOMENT
so what who cares
you say when i talk to you
you turn away the other way
and don't listen to anything
i guess its what you need to do
to feel like you have all control
and throw your blame
to someone else's name

everything has got a reason
everything just happens in time
everything can't be just pleasing
in a moment that you find

just then you said
my words started making sense
you were quick to change
your mind when you gave it a chance
yeah nothing seems as it should be
but then you started listening
when everything is all messed up
and your lost out in the world



BAND THANKS

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ERIK THANKS

God, Mom, Dad, Kim, Dave, Jordy.

Matt Fjerkenstad: Vocals

Jerrid Kruse: Guitar

Ross Den Herder: Bass

Erik Jensen: Drums

All songs written and copyrighted by Modern Day Hero 2002
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 Recorded and produced by Mike Dresch at Cat House Productions
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HERO
OF YOUR
MOM



GLIMPSE

something in everyone
 always seems to change
 uncertainty in someone
 frustration in the pain
 reasons for your actions
 speak louder than words
 a year did seem to matter
 not listening to what is heard
 what is heard

glimpse into the past

tomorrow is today
 almost didn't know you
 falling apart so fast
 anxiety is spoken
 bent it back to place
 looking right through you
 to some no name face
 no name face

this is broken promise

some kind of wishfull thinking
 it's so unknown to me
 far beyond compare
 far beyond compare

ONE HIT WONDER

i'm a one hit wonder and i
 wonder what your name is
 sell out on the radio to
 make a dollar or two
 play my song one more time
 before carson pulls it
 am i supposed to be here
 why should i be here now
 right now

do you remember our name
 will you remember our name

superstar status from making

words up in our head
 all my friends like me now
 that i have lots of money
 record company ticked off
 cause they signed us
 its not everything its not
 everything it seems
 it seems

do you remember our name
 overplayed sickening and lame
 do you remember our name
 you won't remember our name

HYPNOTIZED

you make me hypnotized
 sometimes its mesmerizing
 when you taunt me with your eyes
 you're always haunting my mind
 you put me in a trance
 everytime i get the chance
 your spell always works on me
 i can't seem to break free

and why
 you run through me like this
 you run through me like this
 i always do what you say
 and get stuck in your eyes

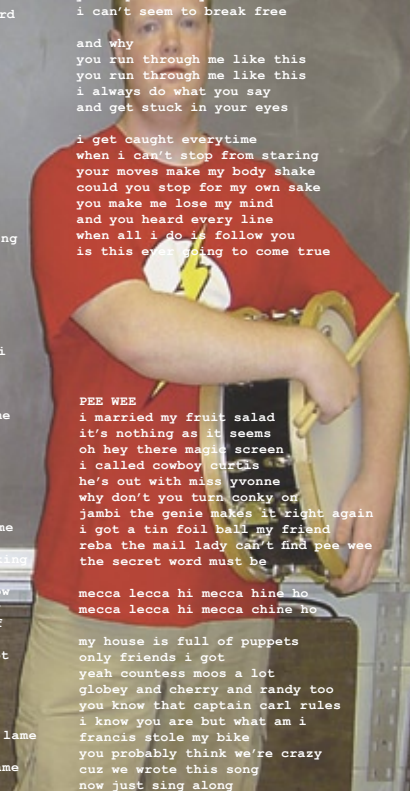
i get caught everytime
 when i can't stop from staring
 your moves make my body shake
 could you stop for my own sake
 you make me lose my mind
 and you heard every line
 when all i do is follow you
 is this ever going to come true

PEE WEE

i married my fruit salad
 it's nothing as it seems
 oh hey there magic screen
 i called cowboy carls
 he's out with miss yvonne
 why don't you turn gonky on
 jambi the genie makes it right again
 i got a tin foil ball my friend
 reba the mail lady can't find pee wee
 the secret word must be

mecca lecca hi mecca hine ho
 mecca lecca hi mecca chine ho

my house is full of puppets
 only friends i got
 yeah countless moos a lot
 globey and cherry and randy too
 you know that captain carl rules
 i know you are but what am i
 francis stole my bike
 you probably think we're crazy
 cuz we wrote this song
 now just sing along



There goes
my hero

INNOCENT

step inside of me
see what i need
abused can you hear my scream
knocked down but not out this time
can you taste my doubt
all spun around
or am i just another hidden thought
brought up when its too late
a person once loved
but now i hate it all
is this the end of time

hit me feel big
regret your swing
look at this face
forget my name

take another swing
that's what makes you big
look at this face
forget my pain

is it time to leave

it hurts too much
these lies i'm told drive me insane
you're making it hard for me to breathe
can you see or do you look through me
or is there anyone to hear my voice
its not like i have a choice

SEPTEMBER

looking back do you believe
alone is where you find yourself
a state of shock play back the scenes
pulling together the broken pieces
gather up and hold each other
overcoming this destructive dream

all of time stood still
i've had my fill
of all too many worries
it's lost inside my memory
the time stood still
never can it be the same
it became to blurry
it's lost inside my memory

remembering all that happened
on the day it fell on down
no one could make a sound come out
all eyes are covered white with fear
looking up with falling tears
not understanding anything i see



MINOR FAULT

missing the issue brought up here
the blame is thrown around by fear
its not an invitation for wrong
this place was great enough all along
but something strange hangs in the air
there are a lot paranoid stares
knowing that they made a mistake
you put yourself through this mess

put your trust on the right
cause its all gonna be alright
put your trust on tonight
but its not all my fault

it happened without anyone knowing it
didn't know at all what was going on
felt like the walls were falling down
and the good time fell to the ground
you weren't forced to walk through the door
you must have wanted some more
sometimes things don't go the right way
to bad things aren't what you want

SONG FOR YOUR MOM

how is your mom
mine's just fine
i saw your mom the other day
she said hi and walked away
i think your mom really wants me
your mom is such a hottie
i think she digs my body
you probably want my mom too

how is your mom
how is your mom today
mine's just fine

your mom should tell your dad
that he has some problems
 cuz i'm going to put my smack down
i wish your mom would call me
she can't hide her feelings anymore
i know your mom really wants me

am i crazy
am i thinking to deep
i even dream about her
in my sleep

there's just something about your mom

NEVER
BEEN A
HERO

NEVER END

can't wait to see you when i wake up
you will call me over
and i will go to your house
we'll watch the hours pass by to the next
you love when i act stupid
and i love it when you pull me closer
i almost feel like i could fly
when i'm with you

you give me security
there is no uncertainty
 cuz this will never end

forever with you
never going to look back
forever with you
don't pull me off his track

can't wait for the day it seems so long
never have i felt this way
except when i'm with you
when you have something so right
it's hard to let go
i'll drop everything for you
and you don't care what i do
my world's brought to life
when i'm with you

CAN'T HOLD IT

sleep walkin' in the dark again
awaken by my soaked wet pants
hey mom just bought more depends
throw newspapers on the bed instead
12 pack of pop going down again
have to hold until 10 a.m.
i'm frustrated from this trend
i hope no one sleeps on the bottom bunk

misinterpreted by all my friends
hope it doesn't happen once again
i'm cold and i'm wet
didn't it happen to you
i'm sure it happened to you

grab a blanket sleep on the floor
have to change my underwear
there's a swimming pool in my bed
hey mom change my sheets again
don't worry i'll get over it
its a phase that happens in life
can't be helped that i'm 19
sandler says its cool to pee your pants

TAKE THE WORLD

when it falls into your hands
it makes you have to understand
i'm trying as hard as i can
stuck with my head deep in the sand
i wish you were here to show me
cause sometimes i don't know what to do
it goes on until i believe
for this is all that fills my mind

reckless to take the world
no matter if it hurts
throw away all possessions
this is my only obsession

at times it seems to fall short
and i ask why and still try
to change my wrongs that happen
to close to something that's perfect
i should be the one to know this
cause i can't do it on my own
how many times that i miss
for this is all that fills my mind

ANOTHER DAY

going nowhere again
down and out in a bend
drop me i'm going to break
is this something i made
or does everything fall
apart in front of my face
the pain is on my back
the world's about to crack
tell me if this is real
got the raw end of the deal
the bottom's coming out
i need some space

here comes another day
maybe things won't be so gray
my mind has handled too much
that i can't take anymore
here comes another day
another day on its way
my mind has handled too much
that i can't take anymore
no more, no more at all

frustrated with today
its the price you pay
when its hard to embrace
maybe its not such a waste
am i complaining about
something that's not so bad
is it going to be gone
how come it took so long
got the raw end of the deal
the bottom's coming out
give me some space

here comes another day
don't wanna think of yesterday
nothing can be as bad - i hope

OVER YOU

jerrid kruse: piano
megan coates: violin
sarah listug: viola
david hollanday: cello
andrew reinartz: bass

three

1. Close to You
2. Hometown
3. Stuck Out Here
4. In a Moment
5. Glimpse
6. Hypnotized
7. One Hit Wonder
8. Pee Wee
9. Innocent
10. Minor Fault

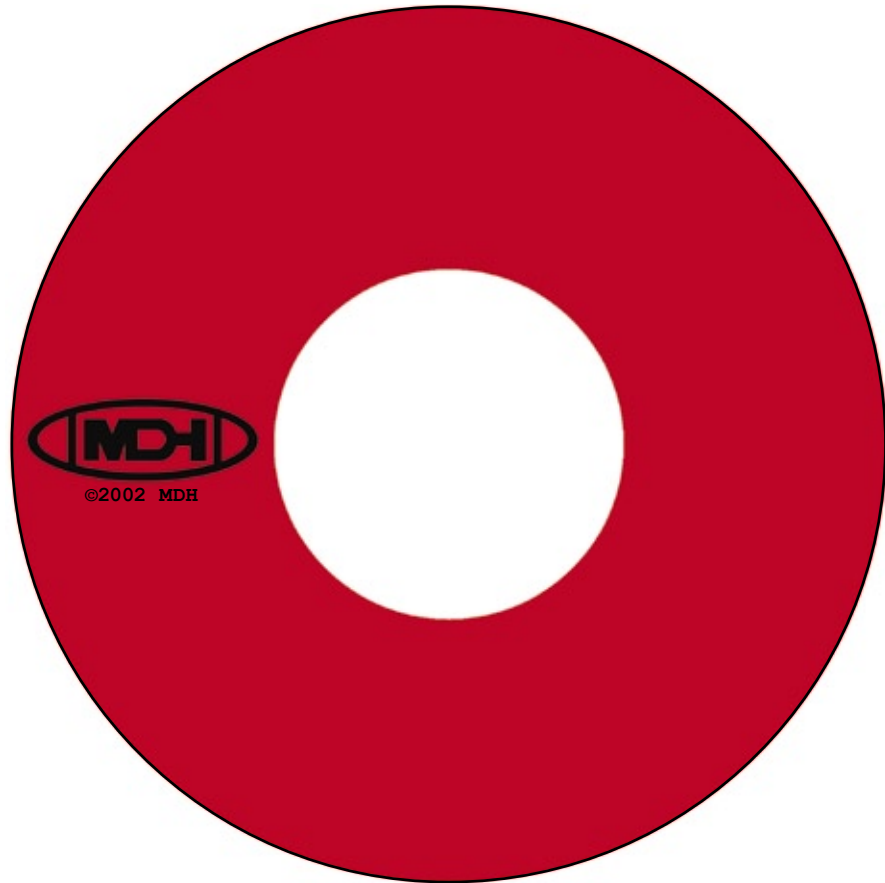


11. September
12. Song for Your Mom
13. Never End
14. Can't Hold It
15. Another Day
16. Take the World
17. Over You

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